

## Illawarra Birth Choices Library

| IBC Library Code |   | Title of Book  | Author                               |
|------------------|---|--|--------------------------------------|
| A001             | A | The Art of Birth – DVD   | Shea Caplice & Teya Dusseldorp       |
| B001             | B | A Breech in the System – DVD                                     | Karin Ecker                          |
| B002             | B | Beginnings and Ending with Lifetimes in Between                  | Bryan Mellonie & Robert Ingpen       |
| B003             | B | Birth and Breastfeeding  | Michel Odent                         |
| B004             | B | Birth as we Know It – DVD  | birthintobeing.com                   |
| B0004            | B | Birth in Water – DVD   | Dr Andrew Davidson                   |
| B006             | B | Birth Matters: a Midwife's Manifesta                             | Ina May Gaskin                       |
| B007             | B | Birth Reborn – DVD   | Michel Odent                         |
| B008             | B | Birth Reborn: What Childbirth Should Be                          | Michel Odent                         |
| B009             | B | Birth without Violence   | Frederick Leboyer                    |
| B010             | B | Birth your Way: Choosing Birth at Home or in a Birth Centre      | Sheila Kitzinger                     |
| B011             | B | The Big Stretch – DVD  | Alieta Belle & Jenny Blyth           |
| B012             | B | Birth Stories: Real and Inspiring Accounts from Australian Women | David Vernon                         |
| B013             | B | Breasfeeding... naturally  | Australian Breastfeeding Association |
| B014             | B | 7000 Baby names  | Foulsham                             |
| B015             | B | Birth at Home  | David Miller                         |
| B016             | B | Birth Journeys   | Leonie MacDonald                     |
| C001             | C | The Caesarean  | Michel Odent                         |
| C002             | C | Conception, Pregnancy & Birth                                    | Dr Miriam Stoppard                   |
| D001             | D | Daddy's Having a Horse   | Lisa Shanahan                        |
| F001             | F | From the Heart: A Book of Inspiring Birth Stories                | Louise Luseri                        |
| G001             | G | Gentle Birth, Gentle Mothering                                   | Sarah J. Buckley                     |
| G002             | G | Guided Meditations for Pregaracy & Birth – CD                    | Michelle Robertson-Jones             |
| G003             | G | Gentle Birth Method  | Dr Gowri Motha                       |
| H001             | H | Hello Baby   | Jenni Overend                        |
| H002             | H | Hi New Baby !  | Robie H. Haris                       |
| I001             | I | Ina May's Guide to Breastfeeding                                 | Ina May Gaskin                       |
| I002             | I | Ina May's Guide to Childbirth                                    | Ina May Gaskin                       |

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|------------------------|--|-----------------------------|
| M001                   | M Mama's Milk – Hardback                                       | Michael Ross                |
| M002                   | M Men at Birth   | Devid Vernon                |
| M003                   | M My Brother Jimi Jazz   | Chrissy Butler              |
| M004                   | M My New Baby  | Jeannette Rowe              |
| N001A                  | N Natural Pregnancy – DVD                                      | Mind Body & Soul series     |
| N001B                  | O Natural Pregnancy – DVD                                      | Mind Body & Soul series     |
| N002                   | N New Active Birth   | Janet Balaskas              |
| N003                   | N The New Pregnancy and Childbirth 1997                        | Sheila Kitzinger            |
| N004                   | The New Pregnancy and Childbirth 2008                          | Sheila Kitzinger            |
| N005                   | N New Pregnancy and Birth Book                                 | Dr Miriam Stoppard          |
| N006                   | N New Babycare Book  | Dr Miriam Stoppard          |
| P001                   | P Promoting Normal Birth: Research, Reflections and Guidelines | Sylvie Donna                |
| P002                   | P Pregnancy, a week by week guide                              | Dan Bromage                 |
| P002                   | P The Politics of Birth  | Sheila Kitzinger            |
| P003                   | P Parenting from the inside out                                | Daniel Siegel               |
| P004                   | P Preparing for Birth with Yoga                                | Janet Balaskas              |
| R001A                  | R Rediscovering Birth 2000                                     | Sheila Kitzinger            |
| R001B                  | R Rediscovering Birth 2000                                     | Sheila Kitzinger            |
| R002                   | R Rediscovering Birth 2012                                     | Sheila Kitzinger            |
| S001                   | S Sleeping like a Baby   | Pinky McKay                 |
| S002                   | S Spiritual Midwifery  | Ina May Gaskin              |
| S003                   | S The Sound of Silence: Journeys Through Miscarriage           | Irma Gold                   |
| T001                   | T There's a House Inside My Mummy                              | Giles Andreae               |
| T002                   | T There's Going to be a Baby                                   | John Burningham             |
| W001                   | W The Wonderful Place  | Chrissy Butler              |
| W002                   | W We had an Angel Instead                                      | Pat Schwiebert              |
| W003                   | W Well Adjusted Babies   | Dr Jennifer Barham–Floreani |